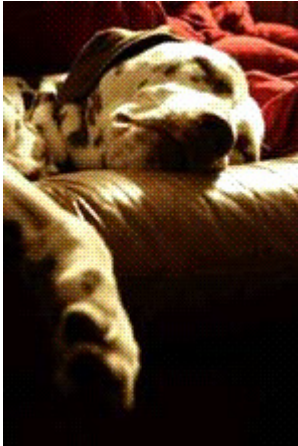


TGIF,

"Tired Dog"

An old, tired-looking dog wandered into the yard. I could tell from his collar and well-fed belly that he had a home. He followed me into the house, down the hall, and fell asleep in a corner.



An hour later, he went to the door, and I let him out. The next day he was back, resumed his position in the hall, and slept for an hour. This continued for several weeks. Curious, I pinned a note to his collar: "Every afternoon your dog comes to my house for a nap." The next day he arrived with a different note pinned to his collar: "He lives in a home with ten children -- he's trying to catch up on his sleep. Can I come with him tomorrow?"

Have a GREAT Weekend!

Larry Brennan RN, PhD*
(*Professor of humor Development)
Spreading "Health & Humor through Harmony"

Healthy thought: Very little is needed to make a happy life.-- Marcus Aurelius